

	Monday	Tuesday	Wednesday	Thursday	Friday	
9:00 - 9:15	Start Camp, Attendance, Name Game		Start Camp, Attendance, Warm-up Game			
9:15 - 9:30	Warm-up Game					
9:30 - 9:50	Rotation 1 - Two Disciplines		Rotation 1 - Two Disciplines		Review Show Order	
9:50 - 10:10					Rehearsal 1	
10:10 - 10:30						
10:30 - 10:50						
10:50 - 11:10	Snack					
11:10 - 11:30	Rotation 2 - Two Disciplines		Rotation 2 - Two Disciplines		Rehearsal 2	
11:30 - 11:50						
11:50 - 12:10					Game	
12:10 - 12:30						
12:30 - 12:45	Lunch					
12:45 - 1:00						
1:00 - 1:15	Videos				Game	
1:15 - 1:30						
1:30 - 1:45	Game			Que to Que	Dress Rehearsal	
1:45 - 2:00						
2:00 - 2:15	Group Partner Acrobatics		Review Styles & Smiles	Rotate Through All Disciplines	Performance Prep	
2:15 - 2:30						
2:30 - 2:45						
2:45 - 3:00	Games		Cross Group Act Rehearsal	Rotate Through All Disciplines	Performance	
3:00 - 3:15						
3:15 - 3:30						
3:30						
	Campers are picked up or left for aftercare					

Aerials (Fabric, Lyra, Trapeze), Acrobatics (Tumbling, Hoop Diving, Mini Trampoline, Contortion), Object Manipulation (Clubs, Balls, Diabolo, Hoops)

Individual act work is for the coaches to develop and perfect the acts further. This behaves much like the rotations.

Cross Group Act rehearsal is for the students that are in multiple acts to work on the acts that were not in the individual act work section. The remainder of the camp will play games

Rotate through all disciplines provides the opportunity for students to try things that they otherwise would not be doing in the show.